

# SELF-DEFENSE • BODY CONDITIONING • SPORTS COMPETITION

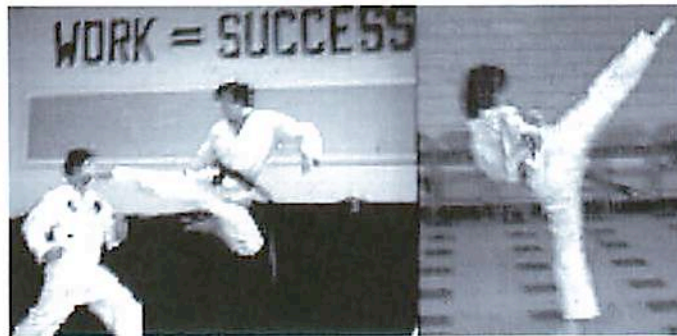
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Pat Hickey & National Champion  
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Karate Club Demo  
4th of July 1984  
At Interbelt



Robert Toma 5th Dan, Faculty Advisor  
Chief Instructor, George Anderson, 10th Dan Hanshi

US JU-JITSU FEDERATION • US KOBUDO • CENTRAL TAEKWONDO ASSN.

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